



# Wichita Metro Resource Guide: Community Support for Families

## State Assistance Programs

✓ **KanCare** | 1-800-792-4884  
Provides three health plan options for all people enrolled in Medicaid.  
Website: [www.kancare.ks.gov](http://www.kancare.ks.gov)

✓ **Kansas Department for Children and Families** | Multiple Locations  
Provides a variety of benefit assistance to eligible families.  
Website: [www.dcf.ks.gov](http://www.dcf.ks.gov) - Assistance & Services

Child Care Assistance / Child Care Subsidy Program: Provides financial assistance for qualifying families who need help paying for care.

Food Assistance Program: Provides access to healthy foods along with education on preparation and nutrition.

Successful Families Program: Provides employment services and support services to qualifying families.

Energy Assistance Program: Federally funded program to provide eligible households pay a portion of their

USDA Commodities Program: Provides eligible families with assistance who need help paying for their food needs.

Vocational Rehabilitation Services: Provides services to those with disabilities so they can become employed and self-sufficient.

## Financial & Medical Resources

✓ **Catholic Charities of Wichita** | 437 N Topeka St., Wichita, KS  
Financial assistance for rent, utilities, medical expenses, and immigration services. Website: [www.catholiccharitieswichita.org](http://www.catholiccharitieswichita.org)

✓ **GraceMed Health Clinic** | Multiple Locations  
Affordable & income based fees for medical, dental, vision, and pharmacy services. Website: [www.gracemed.org](http://www.gracemed.org)

✓ **Derby Community Pantry & Utility Support** | 4902 S. Clifton, Wichita, KS  
Financial assistance for utilities and food pantry every 3rd Saturday 9:30-11:30 am or by appointment. Website: [www.derbyfoodpantry.com](http://www.derbyfoodpantry.com)





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## Mental Health Resources

- ✓ **COMCARE of Sedgwick County** | 940 N Waco St., Wichita, KS  
Income based fees for mental health services.  
Website: [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)
- ✓ **Mental Health America of South Central Kansas** | 555 N. Woodlawn, Wichita, KS  
Provides a full range of mental and community health services to all ages.  
Website: [www.mhasck.org](http://www.mhasck.org)
- ✓ **Real Life Counseling** | Multiple Locations  
Provides a variety of counseling services for kids and families. Reduced fees available. Website: [www.rlcwichita.com](http://www.rlcwichita.com)

## Food Pantries

- ✓ **Kansas Food Source** | Multiple Locations  
Lists all food pantries across Kansas.  
Find your nearest pantry here: [www.kansasfoodsource.org](http://www.kansasfoodsource.org)
- ✓ **Deacon's Food Pantry** | 1750 N. Tyler Road, Wichita, KS  
Open Tuesday – Friday 9:00–11:00am to anyone who is needing food.
- ✓ **Derby Community Family Services** | 4900 S. Clifton Ave., Wichita, KS  
Drive-thru pantry every 3rd Saturday from 10:00–11:30am

## Personal Care Essentials

- ✓ **Simply Hygiene** | Opportunity Drive Club- 2400 N Opportunity Dr.  
Free hygiene items like soap, deodorant, feminine products, etc.  
Available for pick up during Club hours.
- ✓ **Mobile Hygiene Pantry** | 2825 S Hillside, Wichita KS  
Free hygiene items like soap, deodorant, feminine products, etc.  
Third Saturday of the month 9:00–10:30pm
- ✓ **Lighthouse Community Church** | 3401 E 47th St St, Wichita, KS  
Free clothing and household items.  
Wednesdays: 9:00–12:00pm and Thursdays: 5:00–7:00pm

